



*The Kindest Prophet*  
*Volume 2*

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*The Kindest Prophet*

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**LIFESTYLE**





## ✿ A Fresh Start

When the Prophet (PBUH & HP) woke up in the morning, he first prostrated (Sujood) before God. When a servant is in prostration, they are in the closest state to God.

While in prostration, the Prophet conversed with God, seeking His help to begin a great day, and be a good servant! By performing this act of worship, the Prophet began his day in the name of God and his entire day was filled with the pleasing scent of hope and faith.

## ✿ A Grateful Servant

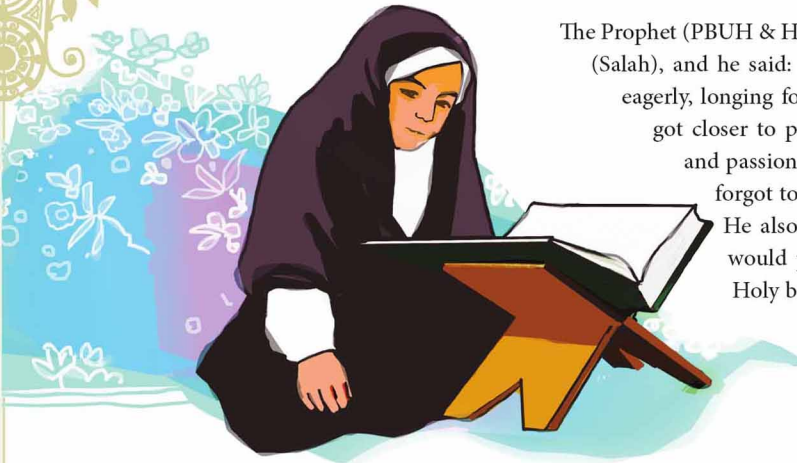
Every bite that the Prophet (PBUH & HP) took, he said “أَلْحَمْدُ لِلَّهِ” (*Al-hamdu lil-lāh*; All praise is due to God), and never forgot to thank God. Even after drinking a sip of water, he said “أَلْحَمْدُ لِلَّهِ” and praised God. The Prophet always expressed his heartfelt gratitude to God for every blessing he enjoyed.



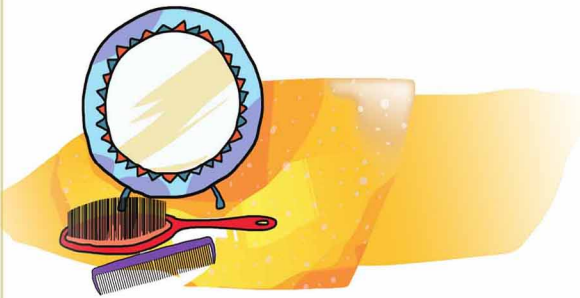
## ✿ Trimmed His Nails

The Prophet (PBUH & HP) did not let his nails to get long. Every week on Fridays, before attending the Friday prayer he would surely trim his nails.

## Light of Muhammad's (PBUH & HP) Eyes



The Prophet (PBUH & HP) had a special place in his heart for prayer (Salah), and he said: "*Prayer is the light of my eyes*". He waited eagerly, longing for the time of the prayer to arrive. As time got closer to pray, the Prophet had a greater enthusiasm and passion. He spent the nights in worship, and never forgot to perform the Night prayer (*Salat al-Lail*). He also enjoyed reciting the Qur'an, and nothing would prevent him from reciting this sacred and Holy book.



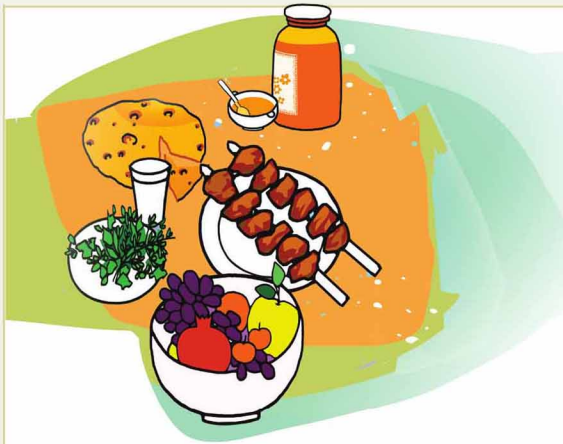
## Always Combed

Prophet Muhammad (PBUH & HP) always combed his hair and paid special attention to this task. Whenever he did not have a mirror with him, the Prophet used a bowl of water as a mirror to comb his hair.

## Friendly and Smelled Pleasant

The Prophet (PBUH & HP) loved cleanliness and good scent and always applied fragrance. He always bought perfume and used a variety of different perfumes to smell good. If someone gave the Prophet a perfume as a gift, he became very happy. People always recognized the presence of Prophet Muhammad (PBUH & HP) by the good scent of his fragrance.





## Never Overate

Just like other people, the Prophet (PBUH & HP) also ate meat, milk, vegetables, fruits, bread, and honey; but, he never overate. He told his companions: *“Avoid overeating; because it causes harm to the body, causes laziness, and weakens the body to perform worship.”*

## Never Said Something Useless

The Prophet (PBUH & HP) never said anything pointless, and always guarded his tongue. He always spoke at the right time, when it was required, never saying anything unless it was necessary. He spoke just the right amount. The Prophet never spoke too much, or not enough.



## Never Forgot to Brush

The Prophet (PBUH & HP) brushed his teeth few times during the day, especially before going to sleep. He placed his toothbrush above his head, so immediately after he woke up he could brush. He always carried a toothbrush wherever he went, never forgetting to brush his teeth even while traveling.



## Wore Clean Clothes

Prophet Muhammad (PBUH & HP) set an example for the believers with the importance he attached to his appearance and cleanliness. He never wore dirty clothes, and his clothes were always clean and well-maintained. He said: *“Clean clothes, will raise one’s status before God”*. He always advised cleanliness, and purity to his companions, and told them to avoid wearing unclean and dirty clothes.

## Was Patient All His Lifetime

During life, the Prophet (PBUH & HP) always battled difficulties with patience and perseverance. He was not yet born, when he lost his father, Abdullah. He was six years old when he lost his beloved mother, Aminah. The Prophet faced other calamities during his life, but faced all problems with patience, and never once did he give up. When the Prophet (PBUH & HP) became sick and had fever, he said: *“When we face more hardships, in return our rewards will be doubled.”*



## A Sport Hero

The Prophet (PBUH & HP) was a strong and skilled athlete. He had exceptional skills in sports such as archery, wrestling, and horse riding. He sometimes participated in sport competitions, and often won in these competitions.





## Always Consulted

The Prophet (PBUH & HP) always consulted his companions and asked for their advice in various matters. He especially never forgot to consult those of his companions that were wiser and more knowledgeable.

This way, he taught everyone that one must consult in life, and take advantage of others' ideas and knowledge.

## Was Hospitable Towards Guests



The Prophet (PBUH & HP) loved his guests, and greatly respected them. He did whatever he could to serve his guests. He himself placed a backrest for his guests, and conversed with them with warmth, and affection. The Prophet (PBUH & HP) began eating his food before the guest and stopped eating after they did. This way, the guest would feel comfortable, and not feel hesitant to eat food.

## A Friend During Difficult Times

The Prophet (PBUH & HP) never forgot his friends, and always had them in his thoughts. If three days passed and he had not seen one of his friends, surely, he inquired about that person. If his friends traveled, he prayed for them. If they were in town, he visited them, and if they were sick, the Prophet rushed to visit them.





## Never Wasted!

When the Prophet (PBUH & HP) ate food, he never let anything to be left uneaten on his plate. He made sure to clean, and finish eating everything on his food plate, never allowing anything to be wasted.

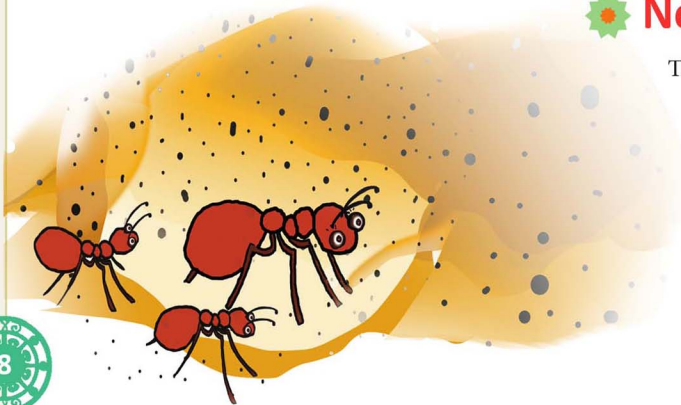
## Would Let it Cool Down

The Prophet (PBUH & HP) never ate hot food. Before eating, he waited for his food to cool down a bit. One time, a person placed a plate of hot food in front of the Prophet, he did not touch it and said: *“Let the food cool down; because the blessing of a cooler food is greater. The Great God has not given us fire to eat.”*



## Never Harassed or Oppressed

The Prophet (PBUH & HP) lived in this world for sixty-three years, never once oppressing anyone, not even the weakest human being. He never slapped anyone, never forcefully took anyone's wealth and money, and never made anyone feel embarrassed. The Prophet (PBUH & HP) did not even oppress an ant.





## Never Found Fault with Others

The Prophet (PBUH & HP) never spent his time looking for faults in others. Even if he saw a flaw in someone, the Prophet never spoke about it, and never spoke of that person's flaw in front of others.

## Listened Well

When someone spoke to the Prophet (PBUH & HP), he listened to them carefully and patiently. Until that person ended their conversation, the Prophet would not stand up or turn his face to another direction. He never ignored or disrespected his good companions and friends.

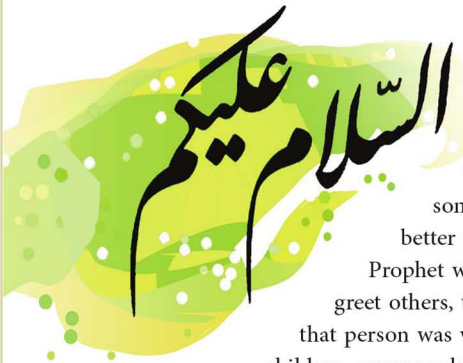


## Accepted Every Gift Gratefully

The Prophet (PBUH & HP) was very compassionate and kind, likewise Muslims expressed their love for their prophet by giving him gifts. The Prophet would accept every gift gratefully, expressing his deep gratitude even if the gift was cheap or small. This conduct of the Prophet represented his great spirit.

## Greeted Everyone with Salaam

A person who is first to give Salaam, is humble, and respects others. Although the Prophet (PBUH & HP) had a great status, and was the teacher and guide of all, he never considered himself above others. He never waited for people to greet him first, and always took the initiative to do this good deed. Before saying any word, he first said Salaam; but, if someone greeted him sooner, he would return the greeting of Salaam with a better response. For example, if someone said: "Salaam" (Peace be upon you), the Prophet would reply: "Salaam, may God's blessing be upon you". When he wanted to greet others, the Prophet made no distinction between people. It didn't matter to him if that person was wealthy or poor, young or old, and black or white. He even said Salaam to children, never neglecting them because of their young age.





## Never Made a Distinction

During the lifetime of the Prophet (PBUH & HP), many people showed less respect to black people and the poor. Conversely, rich and white people were treated with more respect and dignity. However, the Prophet did not behave in such a way. He made no distinction between white or black and said: *“The ultimate worth of a person is based on their faith and actions, not based on the country of their origin and wealth.”*

The Prophet never communicated, greeted, or shook someone’s hand differently because of their race, religion, or social status. He even extended his hand to the poorest of the poor, and made no distinction between white or black slaves, and gave them a sincere handshake.



## Spoke Respectfully

If the Prophet (PBUH & HP) wanted help from someone, he would call them over for help with a respectful and friendly tone. He also called on children with respect. If someone called on him, he would politely say: *“Yes!”*

## Never Overburdened Others

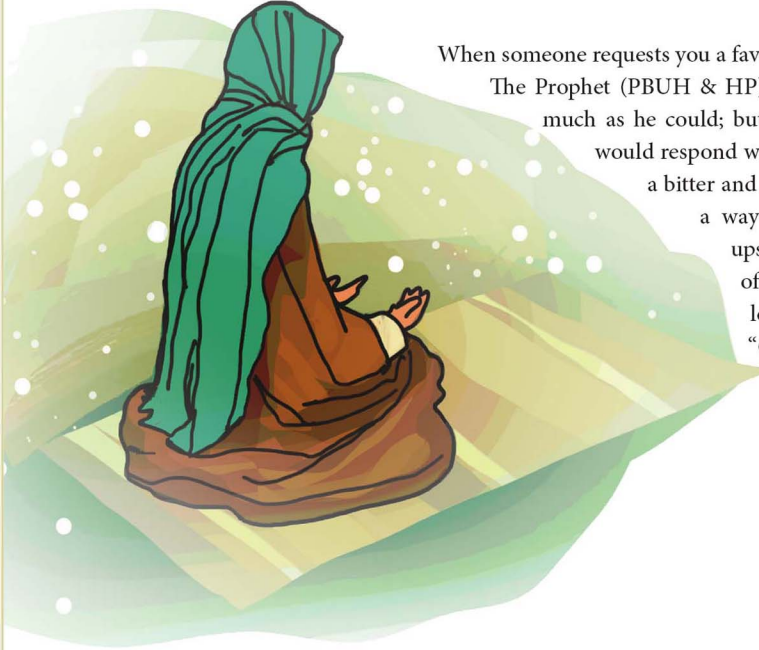
The Prophet (PBUH & HP) always performed his own work. He never requested anything from others, and never wanted to overburden others with his work. During that time, shoe and clothing stores were not well-equipped, and people had to usually repair and patch their own torn shoes, and clothes. The Prophet’s companions and family members saw the Prophet as a great figure and were always eager to help him in his daily tasks.

However, the Prophet never allowed anyone to shoulder such responsibilities, and be treated as if he was privileged over others.





## ✿ Inspired Everyone to be Hopeful of the Future



When someone requests you a favor, they hope to hear a positive response.

The Prophet (PBUH & HP) would respond to people's requests as much as he could; but, if he was unable to do something he would respond with respect and kindness, and never gave a bitter and rude answer. The Prophet spoke in such a way that no one would get offended and upset. He inspired the needy to be hopeful of the future. If he was unable to help, and lend a hand to a needy, he told them: *"God himself will provide."*

## ✿ Forgave Everyone

The Prophet (PBUH & HP) never held grudges or sought revenge. Many harassed and bothered him; but he never wanted to get revenge on them. After the conquest of Mecca, he forgave and protected all the residents of the city who once had fought against him. The Prophet was an exemplar of forgiveness and generosity.

## ✿ Was Faithful to His Promises, and Pledges

The Prophet (PBUH & HP) paid special attention to the promise and pledge he made. Even if he wrote a treaty with the disbelievers, he never broke his promise and violated the treaty. He even valued the simplest of his promises. During the last days of his life, he made sure he fulfilled every single one of his promises.





## Was Like a Flower

The Prophet (PBUH & HP) was very friendly. When he wanted to speak, a smile always adorned his face.

When he smiled, his white teeth could be seen, and shone like white pearls. He never frowned, and he said: *“God dislikes the person who frowns at their brothers.”* Still, the Prophet never laughed aloud. His laughter was sweet, gentle, and beautiful.



## Taught Self-Sacrifice

Self-sacrifice is one of the greatest virtues that a person can possess and Islam has taught us this valuable virtue. When we do something, we try to make it work in our favor. Self-sacrifice means that when a person needs something, they are willing to give up their own interest and choose others over themselves. The Prophet was the model of sacrificial behavior. He would often offer the only food he had to the hungry, himself going without food.

## Was Calm Like a Sea

The Prophet (PBUH & HP) never let his anger, and bad temper dominate him. He demonstrated patience, even with people who had the worst temper and character. Many spoke to him with rudeness, and harshness, but he tolerated, and would not get angry. Nevertheless, in return he treated them with respect and grace.





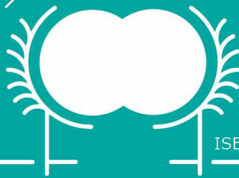
*He did not have a spiteful and revengeful spirit.*

*Many harassed and bothered him;*

*but he never sought to revenge on them.*

*After the conquest of Mecca, he forgave and protected  
all the residents of the city who once had fought against him.*

*His life was filled with acts of generosity and forgiveness.*



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